



# VERMONT ADAPTIVE

## Ski & Sports Annual Report

Nov. 1, 2011 - Oct. 31, 2012



# Future of Vermont Adaptive

Vermont Adaptive Ski and Sports is the largest year-round disabled sports non-profit organization in Vermont offering the most diverse program opportunities and unique, specialized equipment. Vermont Adaptive promotes independence and furthers equality through access and instruction to sports and recreational opportunities including alpine skiing, snowboarding, and other winter sports; kayaking, canoeing, sailing, cycling, hiking, rock climbing, tennis, horseback riding, and more. We serve clients of all abilities with physical, cognitive and emotional disabilities from all over the world in three locations in Vermont during the winter – Killington Resort and Pico Mountain in Killington; Sugarbush Resort in Warren; and Bolton Valley in Bolton. Summer programs are provided state-wide.

## Staff-FY12

Erin Fernandez,  
Executive Director  
Dave D'Angelo,  
Senior Program Coordinator  
Julie Smith, CTRS,  
Program Coordinator  
Katie Stillin, CTRS,  
Program Coordinator  
Kip Dalury,  
Office Manager  
Mac Janney,  
Development Coordinator

## Board of Directors-FY12

Henry Erickson, President, Warren, VT  
Paul Toth, Vice President, Williston, VT  
Tori Pesek, Treasurer, Waitsfield, VT  
Mary T. "Punkin" Holland, Secretary,  
Killington, VT  
Mike Doten, Pomfret, VT  
Linda Goodspeed, Rutland, VT  
Peter James, Charlotte, VT  
Sarah Narkewicz, Rutland, VT  
Eileen Casey, South Burlington, VT  
Chuck Allen, Honorary, Shoreham, VT  
Laura Farrell, Honorary, W. Windsor, VT  
Rich Reisner, Honorary, Waitsfield, VT





**Mission:**

Vermont Adaptive Ski & Sports is committed to empowering individuals with disabilities. We promote independence and further equality through access and instruction to sports and recreational activities.

# Highlights

In conjunction with its partner **Sugarbush Resort**, and the **Red Sox Foundation** and the **Massachusetts General Hospital Home Base Program's Adventure Series**, Vermont Adaptive hosted a free day of skiing and snowboarding to military service members, wounded veterans and their families in January.

Vermont Adaptive once again hosted **The United States Association of Blind Athletes' (USABA) Annual Winter Ski Festival** at Pico Mountain for the fifth year in a row. Athletes from across the country with visual impairments were given the opportunity to learn to ski or race in the sports of alpine and Nordic skiing.

As part of the third-annual **Newman's Own Foundation Campus Community Service Challenge**, Vermont Adaptive was nominated by and partnered with University of Vermont Adaptive Sports for a Newman's Own Foundation grant. Vermont Adaptive placed third and was awarded \$10,000 in a presentation during the America East Conference basketball championship in Hartford, Connecticut, in March.

Nearly 300 cyclists participated in the **2nd Annual Century Ride to benefit Vermont Adaptive**. Long Trail

Brewery came on as the title sponsor, and the event name changed to the Long Trail Century Ride to benefit Vermont Adaptive. A large après-ride party was held at the brewery in Bridgewater Corners after the ride. All riders began and ended their rides at the brewery and rode along Tropical Storm Irene-battered roads. Killington Resort again sponsored the ride, as did many local businesses including Phil Black (ride founder) of the Lookout Tavern.

In July, Vermont Adaptive partnered with **The Boston Red Sox** and the **Red Sox Foundation's "Acts of Kindness"** campaign and was one of the 26 acts that the two organizations completed during July. Members of the Boston Red Sox front office staff joined 15 Vermont Adaptive participants and their families for a Day on the Bay on Lake Champlain to recreate in Vermont, including biking, paddling, sailing and more.

In October, Vermont Adaptive broke ground on its new, state-of-the-art headquarters at **Pico Mountain**, as part of the first of three phases of its **Permanent Homes Campaign**. Please see separate story in this report about the new facility.



“People like us are truly blessed to have organizations like yours to help us in our recoveries. I say this often. Recovery for SCI (spinal cord injury) is more than just walking. It is getting your soul back. SCI affects more than just your body and our recoveries have to focus on more than that accordingly. While skiing is a physical activity it actually helps us recover psychologically even more. And quite frankly that may have a far greater effect on our lives. Regaining our sense of self through recreation and sports is an essential part of recovery. Thank you so much for providing that outlet.”

– Vermont Adaptive Participant, Sugarbush program location

**Vermont Adaptive Ski and Sports  
Statements of Financial Position  
As of October 31, 2012**

| <b>Assets</b>                    | 2012              |
|----------------------------------|-------------------|
| Current assets                   |                   |
| Cash                             | \$ 159,024        |
| Grants receivable                | 5,742             |
| Prepaid expenses                 | 1,572             |
| Total current assets             | <u>166,349</u>    |
| Equipment                        |                   |
| Equipment                        | 134,065           |
| Construction in process          | 51,299            |
| Less: Accumulated Depreciation   | <u>(104,448)</u>  |
| Net equipment                    | <u>80,916</u>     |
| Other assets                     |                   |
| Investments                      | 166,864           |
| Property held for investments    | <u>82,510</u>     |
| Total other assets               | <u>249,374</u>    |
| Total assets                     | <u>\$ 496,639</u> |
| <b>Liabilities</b>               |                   |
| Current liabilities              | -                 |
| Accounts payable                 | \$ 3,681          |
| Accrued payroll and related      | 4,152             |
| Total current liabilities        | <u>7,833</u>      |
| Total liabilities                | <u>7,833</u>      |
| Commitments                      | -                 |
| <b>Net assets</b>                |                   |
| Unrestricted                     |                   |
| Unrestricted                     | 296,738           |
| Board designated                 | 50,226            |
| Temporarily restricted           | 141,802           |
| Total net assets                 | <u>488,806</u>    |
| Total liabilities and net assets | <u>\$ 496,639</u> |

**Vermont Adaptive Ski and Sports**  
**Statement of Cash Flows**  
**As of October 31, 2012**

|   |                |
|---|----------------|
| <b>Cash flows from operating activities</b>   | 2012           |
| Change in assets  | \$ 190,695     |
| Adjustments to reconcile change in assets to net cash provided by operating activities: |                |
| Depreciation  | 9,818          |
| Loss on sale of property held for investment  |                |
| Provision for bad debts   | 95             |
| (Increase) decrease in the following assets:  |                |
| Grants receivable   | (217)          |
| Prepaid expenses  | (1,583)        |
| Increase (decrease) in the following liabilities:                                       |                |
| Accounts payable  | 3,681          |
| Accrued payroll and related   | (2,015)        |
| Net cash provided by operating activities   | <u>200,474</u> |

**Cash flow from investing in activities**

|  |                 |
|--|-----------------|
| Realized gain on investments                     | -               |
| Unrealized gain on investments                   | (9,764)         |
| Purchase of equipment                            | (24,503)        |
| Additions to construction in progress            | (49,929)        |
| Proceeds on sale of investments                  | -               |
| Proceeds on sale of property held for investment | -               |
| Net cash used in investing activities            | <u>(84,196)</u> |

|                                 |                   |
|---------------------------------|-------------------|
| Net increase (decrease) in cash | 116,278           |
| Cash, beginning of the year     | <u>42,746</u>     |
| Cash, end of the year           | \$ <u>159,024</u> |

Supplemental Disclosures of Cash Flow Information

|               |             |
|---------------|-------------|
| Interest paid | \$ <u>-</u> |
|---------------|-------------|

**Vermont Adaptive Ski and Sports**  
**Statements of Activities and Changes in Net Assets**  
For the year ended October 31, 2012

|   |                   |
|---|-------------------|
| Revenues, gains and other support                                   | 2012 Total        |
| Program fees  | \$ 527,976        |
| Special events  | 7,146             |
| Grants  | 2,000             |
| Operating contributions   | 82,596            |
| Net assets released from donor restrictions                         | -                 |
| Total revenues, gains and other support                             | <u>699,100</u>    |
| Expenses  |                   |
| Program activities  |                   |
| Program Expenses  | 316,261           |
| Salaries and wages  | 246,233           |
| Depreciation expenses   | 9,818             |
| Provision for bad debts   | 95                |
| Total program activities  | <u>572,407</u>    |
| Support services  |                   |
| Management and general  | 75,894            |
| Total support services  | <u>75,894</u>     |
| Total expenses  | <u>648,301</u>    |
| Surplus/(deficit) of revenues over expenses                         | <u>(28,583)</u>   |
| Non-operating activities  |                   |
| Non-operating contributions   | 204,514           |
| Investment income, net  | 9,764             |
| Rent income   | 5,000             |
| Loss on sale of property held for investment                        | -                 |
| Net assets released from donor restriction for capital expenditures | -                 |
| Total non-operating activities                                      | <u>219,278</u>    |
| Change in net assets  | 190,695           |
| Net assets, beginning of the year                                   | 225,685           |
| Prior period adjustments  | 72,426            |
| Net assets, end of the year   | <u>\$ 488,806</u> |





“I have found Vermont Adaptive to be an awesome program because they give me an opportunity to get out and do the activities that I love but sometimes have a hard time getting out to do due to my blindness. They have a wonderful staff and many volunteers who are always very friendly and helpful. I have made many new friends through the program, both participants and volunteers.”

– Frank Melendy

# New Permanent Home and State Headquarters at Pico Mountain

During the winter of 2012, fundraising began in earnest for the new \$1.3 million access-for-all building and permanent home for Vermont Adaptive at Pico Mountain. In partnership with the Pico Ski Education Foundation, Vermont Adaptive raised nearly half of the fundraising goal, and continued to fundraise in the spring with individual solicitations and small house parties. The Killington regional community stepped forward as well, with many businesses holding fundraisers to raise money for the new facility, and/or making Vermont Adaptive the beneficiary of select events.

Vermont Adaptive will own the first floor of the 6,000 sq. ft. facility. Located between the existing Pico Ski Club building and the Pico Base Lodge, the facility will connect to both buildings via outdoor balconies and decks on the second floor. The building is specifically designed for participants in Vermont Adaptive's programs, providing easy accessibility for all, regardless of one's disability. An elevator will connect the first and second floors. Plans for the building were designed by NBF Architects of Rutland. First floor plans include more than 1,000 sq. ft. for programs, a Chill Zone (or quiet room) for those participants who need a reprieve from constant stimulation; a workshop and storage area to protect and maintain the valuable adaptive equipment that costs between \$1,500 and \$5,000 per piece; state headquarter offices for Vermont Adaptive administrative and program staff, maximized program space with room for wheelchairs, equipment, supplies, instructors, and even a place for guide dogs to rest. The Pico Ski Education Foundation will own the second floor, using the space for offices, events, indoor physical training, conferences, and functions.

Beginning in late October, Belden Company rerouted utility and water lines and prepared the site for its foundation. Robert Carrera is the concrete contractor for the footings and frost walls, which should be ready to pour by mid-November 2012. A ceremonial groundbreaking ribbon cutting will be held in mid-November as well. Framing will begin in April 2013 with a significant seasonal head start. Fundraising will continue in earnest throughout the winter and several fundraising events are taking shape.

# PERMIT NOTICE

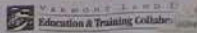
Address: 77-79 ALPINE DR  
Applicant: PICO SKI CLUB / VT ADAPTIVE  
Project Description: 6,300 SQ FT BLDG  
PEAK LODGE AT PICO

**Permit / Approval**  
Type: ZONING  
Date issued: 10/12/12  
Appeal by: 10/29/12

**Public Hearing**  
Date / Time: \_\_\_\_\_  
Place: \_\_\_\_\_  
Purpose: \_\_\_\_\_

For more information contact: **TOWN OFFICE**  
**2706 RIVER RD**  
**422-3242**

Applicant: This notice shall be displayed on the subject premises and be clearly visible from the public way. Notice shall be displayed at the time of application and shall not be removed until after the appeals expiration date.

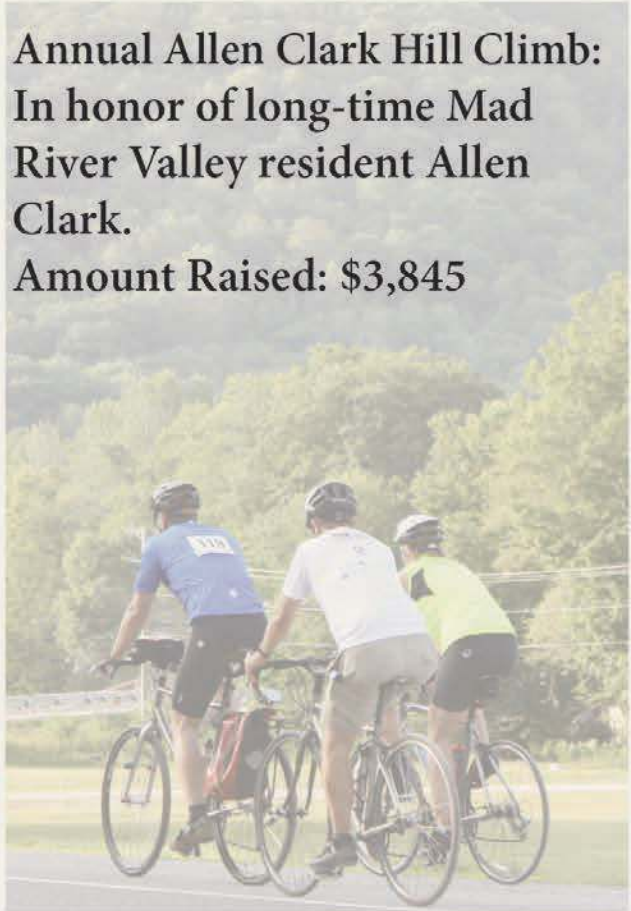


# Fundraiser Highlights

**Vermont 100:**  
One of the only round-  
the-clock ultra marathons  
held in the U.S.  
Amount Raised: \$45,698



**Annual Allen Clark Hill Climb:**  
In honor of long-time Mad  
River Valley resident Allen  
Clark.  
Amount Raised: \$3,845



**Vermont 50 Ascutney  
Mountain:**  
Mountain bikers and  
runners.  
Amount Raised: \$66,951



**Annual Ski Challenge and  
Gala Presented by *Poland  
Spring* at Pico Mountain.**  
Winter fundraiser.  
Amount Raised: \$33,733



**2nd Annual Long Trail  
Century Ride to Benefit  
Vermont Adaptive Ski  
and Sports:**  
20-, 50- and 100-mile bike  
rides plus an après-ride  
party at the brewery.  
Amount Raised: \$67,738



# Year-Round Programming

Here at Vermont Adaptive we use many different techniques and equipment. Our techniques we derive from professional standards and organizations and we keep a current inventory of adaptive equipment. In reality there is simply not enough space to cover every technique and piece of equipment out there. Many of these are merely the starting point and then adapted to fit the individuals need as the lesson progresses. Every lesson we teach is tailored for the individual. Equipment and teaching techniques are constantly changing and evolving as technology advances.

- Alpine Skiing
- Cross Country Skiing
- Snowboarding
- Snowshoeing
- Indoor Rock Climbing
- Camping
- Tennis
- Sailing
- Goalball
- Canoeing and Kayaking
- Adventure Weekends
- Cycling
- Specialty Events
- Guided Burlington Bike Path Trips
- Hiking
- Beeper Baseball



# Who We Serve

Vermont Adaptive works with individual who have a wide range of physical, mental and developmental disabilities. We serve private clients as well as many school, community, therapeutic, recreational, and alternative programs.

We work with people who have a variety of different disabilities including;

- Deaf & Hard of Hearing
- Spina Bifida
- Multiple Sclerosis
- Quadriplegia
- Blind & Visually Impaired
- Emotional/Behavioral Disabilities
- Autism/Spectrum
- Muscle Weakness
- Developmental Disabilities
- Cerebral Palsy
- Paraplegia
- Amputations & Limb Differences
- Traumatic Brain Injuries
- Physical Impairments
- Stroke
- Wounded Veterans



# Equipment

It is hard to imagine ski equipment that allows those who cannot stand or walk to have the ability to experience the sport of skiing. Recently, technology has transformed adaptive ski equipment from heavy, awkward pieces of machinery into light, dynamic, and user-friendly tools. Technological advances have been instrumental in enabling those with disabilities to participate in a wider range of recreational activities, however, those advances make participating in these sports costprohibitive for many. For example, the adaptive sailboat that is specifically designed for people with spinal cord injuries cost the program more than \$10,000. As a result, more and more of these individuals have come to rely on Vermont Adaptive to provide them with the opportunity to enjoy sports in the great and beautiful Vermont outdoors.

## **Vermont Adaptive Purchases 2012**

**Two adult and one junior Mountain Man dual skis  
Trailer for hauling equipment  
2005 Suburban for towing and hauling equipment**



